

LONG TERM CARE INSURANCE

OUTLINE OF COVERAGE

For the Employees of

CITY OF LONG BEACH

(the Policyholder)

Group Master Policy/Certificate Form Number **526590**

NOTICE TO BUYER: This policy may not cover all costs associated with long term care incurred by you during the period of coverage. You are advised to review carefully all policy limitations.

Caution: If you must complete an Application for Long Term Care Insurance, which includes evidence of insurability, the issuance of a long term care insurance certificate will be based on your response to the questions in your application. A copy of your Application for Long Term Care Insurance was retained by you when you applied. If your answers are incorrect or untrue, UNUM may have the right to deny benefits or rescind your coverage. The best time to clear up any questions is now, before a claim arises! If, for any reason, any of your answers are incorrect, contact UNUM at this address: UNUM Life Insurance Company of America, 2211 Congress Street, Portland, Maine 04122.

1. The Summary of Benefits is delivered in and is governed by the laws of the governing jurisdiction of **Maine** and to the extent applicable by the Employee Retirement Income Security act of 1974.

The Summary of Benefits is a part of the Select Group Insurance Trust situated in Maine. Fleet Bank of Maine is the Trustee.

2. PURPOSE OF OUTLINE OF COVERAGE

This outline of coverage provides a very brief description of the important features of the plan. You should compare this outline of coverage to outlines of coverage for other plan available to you. This is not an insurance contract, but only a summary of coverage.

Only the Summary of Benefits contains governing contractual provisions. This means that the Summary of Benefits sets forth in detail the rights and obligations of both you and us (UNUM Life Insurance Company of America). Therefore, if you purchase this coverage, or any other coverage, it is important that you **READ YOUR POLICY CAREFULLY!**

3. TERMS UNDER WHICH THE CERTIFICATE MAY BE RETURNED AND PREMIUM REFUNDED.

You have a 30 day right to examine the certificate. If, after examining the certificate, you are not satisfied for any reason, you may withdraw your enrollment in the plan by returning your certificate within 30 days of its delivery to you. The certificate, together with a written request for such withdrawal must be sent to:

- if you are a Retiree or a Family Member other than a Spouse of an active Employee, UNUM, P.O. Box 9744, Portland, Maine 04104-9868.
- Upon receipt, your insurance will be deemed void from its effective date and any premium contribution(s) paid will be returned. Premiums for additional, increased or terminated insurance may cause a pro-rata adjustment on the next premium due date.

4. THIS IS NOT MEDICARE SUPPLEMENT COVERAGE.

If you are eligible for Medicare, review the Medicare Guide to Health Insurance for People with Medicare available from UNUM. You may obtain a copy of the Guide by calling 1-800-227-4165. UNUM is not representing Medicare, the federal government or any state government.

5. **LONG TERM CARE COVERAGE**

Plans of this category are designed to provide coverage for one or more necessary or medically necessary diagnostic, preventative, therapeutic, rehabilitative, maintenance or personal care services, provided in a setting other than an acute care unit of a hospital, such as in a nursing home, in the community, or in the home.

This plan provides coverage in the form of a fixed dollar indemnity monthly benefit if you suffer a covered Loss of Functional Capacity or covered Cognitive Impairment.

The amount of the monthly benefit will be based on the plan of coverage you choose; any options you choose, if available, and the place of residence used for long term care.

6. **BENEFITS PROVIDED BY THE SUMMARY OF BENEFITS**

Monthly Benefit:

You are eligible for a monthly benefit if you are assessed as suffering a covered loss of functional capacity and are unable to perform 2 or more Activities of Daily Living (ADLs) or cognitive impairment. You must be under the regular care of a doctor according to the condition.

NOTE: Any Activities of Daily Living that you cannot perform without stand-by assistance on the date you become insured under the plan will not be considered when determining the extent of your loss.

A monthly benefit will become payable on the day after you complete the Elimination Period. The amount of your monthly benefit will be based on the coverage options you choose and the place of residence used for long term care. If your coverage includes Professional Home Care Services, the benefit payment will be based on the number of days you receive these services.

Activities of Daily Living are: bathing, dressing, toileting, transferring, continence ambulating and eating.

Cognitive Impairment means a deterioration or loss in intellectual capacity resulting from Alzheimer's disease or similar forms of irreversible dementia.

The Elimination Period is the number of consecutive days during which you must continue to be eligible for a monthly benefit before a benefit will become payable.

Lifetime Maximum is the maximum UNUM will pay you for all long term care benefits. You have your own Lifetime Maximum.

Respite Care means formal care provided to you for a short period of time to allow your informal caregiver a break from their caregiving responsibilities. If you are eligible for a home care monthly benefit but benefits have not yet become payable, payments will be made to you for each day you receive respite care for up to 15 days each calendar year. The amount of your payment will equal 1/30th of your home care monthly benefit for each day that you receive respite care.

Return of Premium

If you die before benefits become payable under this plan, UNUM will make a payment to your estate when proof is received that you were under age 75 on the date of your death, premiums were paid until the date of your death; and you never received any benefit payments for Respite Care benefits. The amount of the payment to be paid to your estate will be based on your age and will equal a percentage of the premium payments remitted to UNUM for your coverage up to the date of your death. This benefit ends at age 75.

OPTIONAL BENEFITS AVAILABLE

Professional Home Care

When benefits become payable, there will be no more cost to you for coverage as long as you continue to have a loss of functional capacity or cognitive impairment and receive Professional Home Care.

If you do not receive Professional Home Care for a period of 30 consecutive days, premium payments will again become due. To continue your coverage, you must resume premium payments on the next premium date following this 30 day period.

Inflation Protection Provision - 5% Compound Inflation With No Cap

Your Monthly Benefit Amount will increase each year on January 1st by 5% of the Monthly Benefit in effect on that January 1st. Increases will be automatic and will occur regardless of your health and whether or not you are Disabled. Your premium will not increase due to automatic increases in your Monthly Benefit Amount.

The benefit paid is subject to the Lifetime Maximum Benefit Amount. Benefits are not paid during the Elimination Period.

Refer to the graphic Comparison Chart of all types of Inflation, located in Section 8 of this Outline of Coverage

7. LIMITATIONS AND EXCLUSIONS

• EXCLUSIONS

UNUM will not make long term care payments to you for:

- losses caused by war (whether declared or not) or any act of war,
- losses caused by attempted suicide (while sane or insane) or self-destruction,
- losses caused by commission of a crime for which you have been convicted under state or federal law or attempting to commit a crime under state or federal law,
- losses or confinements during which you are outside the United States, its territories or possessions for longer than 30 days,
- any days over fifteen days in each calendar year during which you are confined in any facility for acute care (acute care is medical care obtained as a result of an injury or a sickness requiring immediate medical intervention),
- losses caused by alcoholism, or
- losses caused by voluntary use of any controlled substance unless the controlled substance is prescribed for you by a doctor. ("Controlled substance" is defined in Title II of the Comprehensive Drug Abuse Prevention and
- losses caused by psychological or psychiatric or mental conditions which include:
 - depression,
 - generalized anxiety disorders,
 - personality disorders,
 - schizophrenia
 - manic depressive disorders, whether treated by drugs, counseling or other forms of therapy.

However, UNUM will make payments to you for conditions that are not psychological or psychiatric in nature, including Alzheimer's disease, multi-infarct dementia, or Parkinson's disease.

• PRE-EXISTING CONDITION EXCLUSION

UNUM will not make any payments for any loss of functional capacity or cognitive impairment that:

- is caused by, contributed to by, or results from a pre-existing condition, and begins during the first six months after your coverage begins. A pre-existing condition is any condition that exists for which you received medical treatment, consultation, care or services, including diagnostic measures for the condition, or
- took drugs or medicines that were prescribed for the condition, during the six month period right before your coverage began.

UNUM calls this a pre-existing condition.

8. **THIS PLAN MAY NOT COVER ALL THE EXPENSES ASSOCIATED WITH YOUR LONG TERM CARE NEEDS. RELATIONSHIP OF COST OF CARE AND BENEFITS**

Because the costs of long term care services will likely increase over time, you should consider whether and how the benefits of this plan may be adjusted.

COST

You pay the cost of coverage. The rate you pay over the duration of your initial coverage or for any increases is based on your insurance age.

ELECTION TO INCREASE COVERAGE

You can apply at any time to increase your coverage by filling out a new Benefit Election form and Application for Long Term Care Insurance, which includes evidence of insurability.

INFLATION PROTECTION COMPARISON

The following chart is an example comparison of monthly benefits with and without the Compound Inflation Protection Option.

	Without	With 5% Uncapped Compound Inflation Protection
	<u>Inflation Protection</u>	
<u>Policy Year</u>	<u>Monthly Benefit</u>	<u>Monthly Benefit</u>
1	\$2000.	\$2100.
2	\$2000.	\$2205.
3	\$2000.	\$2315.
4	\$2000.	\$2431.
5	\$2000.	\$2553.
6	\$2000.	\$2680.
7	\$2000.	\$2814.
8	\$2000.	\$2955.
9	\$2000.	\$3103.
10	\$2000.	\$3258.
11	\$2000.	\$3421.
12	\$2000.	\$3592.
13	\$2000.	\$3771.
14	\$2000.	\$3960.
15	\$2000.	\$4158.
16	\$2000.	\$4366.
17	\$2000.	\$4584.
18	\$2000.	\$4813.
19	\$2000.	\$5054.
20	\$2000.	\$5307.

9. TERMS UNDER WHICH THE GROUP COVERAGE THROUGH THE PLAN MAY BE CONTINUED IN FORCE OR DISCONTINUED.

- **PREMIUM WAIVER**

- Long Term Care Facility

- When benefits become payable, there will be no more cost to you for coverage as long as you continue to have a loss of functional capacity or cognitive impairment and reside in a Long Term Care Facility.

- **RIGHT TO CHANGE PREMIUMS**

- The rate will not increase because you grow older or because of your use of the benefits. However, the rate schedule may change in the future depending on the overall use of the benefits for all covered persons or changes in the benefit levels, plan design or other risk factors. Any such change will be made on a class basis according to UNUM's underwriting risk studies under this type of insurance.

- **PORTABLE COVERAGE**

- If the Employer or UNUM ends group long term care coverage, you or your authorized representative may elect portable coverage for you. This means that the same coverage you had under this plan can continue on a direct billing basis. Retired employees and any other persons who are direct billed will automatically transfer to portable coverage.

- Any election for portable coverage must be made within 31 days of the date the group coverage would otherwise end. If so elected, you are a portable insured. Any premium that applies must be paid directly to UNUM by you for any portable coverage to be continued.

- Also, the rate schedule for portable coverage may change in the future, depending on the overall use of the benefits by all covered persons or changes in the benefit levels or other risk factors. Any such change will be made on a class basis according to UNUM's underwriting risk studies.

- Once on portability, you can apply at any time to increase coverage by filling out a new Benefits Election Form and Application for Long Term Care Insurance which includes evidence of insurability.

- If you voluntarily end your group long term care coverage, you may not elect portable coverage. However, you may be eligible to continue a percentage of your Monthly Benefit Maximum(s) and Lifetime Maximum Amount if you elected the paid up coverage option and have met the requirements under that option.

- WHEN COVERAGE WILL END:**

- Your coverage will end on the earliest of these dates:

- the date the Summary of Benefits under this policy ends,
 - the date you no longer are in an eligible class,
 - the date your class no longer is included for insurance,
 - the end of the period for which premiums were last remitted to UNUM for your coverage,
 - the date you no longer are an active employee with the Sponsoring Organization.

10. ALZHEIMER'S DISEASE AND OTHER ORGANIC BRAIN DISORDERS

UNUM will not make long term care payments to you for losses caused by neurosis, psychoneurosis, psychopathy, psychosis or mental emotional disease or disorder of any kind whether treated by drugs, counseling or other forms of therapy.

However, UNUM will make payments to you for conditions that are not mental or nervous in nature, including Alzheimer's disease, multi-infarct dementia, brain injury, brain tumors, or other such structural alterations of the brain.

11. PREMIUMS

Premiums are based on the plan design selected and the Insurance Age of each enrolled person. Unum may change the premium rates when the terms of the Summary of Benefits are changed.

12. ADDITIONAL FEATURES

- Medical underwriting may be required.
- Eligibility and Participation
You are eligible for the plan if you are:
 - an Active Employee of the Sponsoring Organization and your Family Members
 - a Retired Employee of the Sponsoring Organization.
- Temporary or seasonal Employees are excluded

13. INFORMATION AND COUNSELING

The California Department of Insurance has prepared a Consumer Guide to Long Term Care Insurance. This guide can be obtained by calling the Department of Insurance toll-free telephone number. This number is 1-800-927-HELP. Additionally, the Health Insurance Counseling and Advocacy Program (HICAP) administered by the California Department of Aging, provides Long Term Care insurance counseling to California senior citizens. Call the HICAP toll-free telephone number 1-800-434-0222 for a referral to your local HICAP office.